

Home Delivered Nutrition Program

September 2024 – Menu

<p>2 – Monday</p> <p style="text-align: center;">Closed!!!!</p> <p style="text-align: center;">No Delivery</p> 	<p>3 – Tuesday</p> <p>Chicken and Noodles Seasoned Corn Cooked Spinach Vinegar Packet SF Chocolate Pudding Pears</p>	<p>4 – Wednesday</p> <p>Meatloaf w/gravy Whipped Potatoes w/gravy Seasoned Wax Beans Baked Apples Lorna Doones Bread</p>	<p>5 – Thursday</p> <p>Shredded Pork w/homemade BBQ Baked Beans Broccoli Cole Slaw Applesauce Bun</p>	<p>6 – Friday</p> <p>Beef Pot Roast w/gravy Whipped Potatoes w/gravy Zucchini and Tomatoes Apricots Lorna Doones Bread</p>
<p>9 – Monday</p> <p>Beef & Egg Noodles w/gravy Prince Edward Blend Lima Beans Applesauce Bread</p>	<p>10 – Tuesday</p> <p>Sloppy Joe Roasted Sweet Potatoes Seasoned Peas Bun Apricots SF Vanilla Pudding</p>	<p>11 - Wednesday</p> <p>Lemon Thyme Chicken & Rice Pilaf Sliced Carrots Tossed Salad w/French Applesauce Bread</p>	<p>12 – Thursday</p> <p>Chicken Pot Pie Seasoned Broccoli Cauliflower Diced Peaches Graham Crackers 2 packs</p>	<p>13 - Friday</p> <p>Honey Sriracha Pork Garlic Green Beans White Rice Diced Pears Angel Food Cake</p>
<p>16 – Monday</p> <p>Goulash Green Beans Lorna Doones Canned Pears Breadstick</p>	<p>17 – Tuesday</p> <p>Beef Stew Seasoned Wax Beans Whipped potatoes w/gravy, Apricots SF Vanilla Pudding Biscuit</p>	<p>18 – Wednesday</p> <p>Shredded Chicken w/ homemade BBQ Peas Seasoned Carrots Modified Cole Slaw SF Chocolate Pudding WW Bun</p>	<p>19 – Thursday</p> <p>Honey Dijon Pork Roasted Sweet Potatoes Italian Vegetable Blend, Bread Applesauce Vanilla Wafers</p>	<p>20 – Friday</p> <p>Tuna Noodle Casserole OR Turkey Patty w/gravy over White Rice Seasoned Broccoli Seasoned Cauliflower Mixed Fruit Graham Crackers Bread</p>
<p>23 – Monday</p> <p>Salisbury Steak w/gravy Zucchini & Tomatoes Whipped Potatoes w/gravy Applesauce Graham Crackers</p>	<p>24 – Tuesday</p> <p>Swiss Chicken Casserole Seasoned Peas and Carrots Seasoned Red Beets Diced Peaches SF Vanilla Pudding</p>	<p>25 – Wednesday</p> <p>Pork Loin w/gravy Bread Dressing w/gravy Spinach w/ vinegar pk Kidney Bean Salad Pineapple Lorna Doones</p>	<p>26 – Thursday</p> <p>Veggie Frittata w/cheese Potatoes O'Brien Sausage Apricots Bread</p>	<p>27 – Friday</p> <p>Meatloaf w/gravy Whipped Potatoes w/gravy Seasoned Wax Beans Mixed Fruit SF Chocolate Pudding Bread</p>
<p>30 – Monday</p> <p>Mexican Chicken and Rice w/cheese Corn Broccoli Mandarin Oranges Graham Crackers Salsa & Sour Cream</p>	<p>1 – Tuesday</p>	<p>2 – Wednesday</p>	<p>3 – Thursday</p>	<p>4 – Friday</p>

**AQF desserts are diabetic-friendly treats for every palate. Our mixes are sugar free or no sugar added,

trans fat free, low cholesterol, low sodium and a good source of fiber. SF – sugar free ****Menu is subject to change****

All meals served with requested beverage.

You will only receive fish alternative if your diet requires “no fish”