


# Home Delivered Program

## January 2025 – Menu

<b>30 - Monday</b>  	<b>31 – Tuesday</b>  	<b>1 – Wednesday</b>  <u><b>NO LUNCH SERVED TODAY</b></u>  <b>NEW YEAR'S DAY</b>  	<b>2 – Thursday</b> Honey Dijon Pork Roasted Sweet Potatoes Italian Vegetable Blend Applesauce Bread Vanilla Wafers	<b>3 – Friday</b> Tuna Noodle Casserole <u>OR</u> Turkey Patty w/rice over gravy Seasoned Broccoli Seasoned Cauliflower Mixed Fruit Graham Crackers Bread
<b>6 - Monday</b> Salisbury Steak w/gravy Zucchini & Tomatoes Whipped Potatoes w/gravy Applesauce Graham Crackers	<b>7 – Tuesday</b> Swiss Chicken Casserole Seasoned Peas & Carrots Seasoned Red Beets Diced Peaches SF Vanilla Pudding	<b>8 - Wednesday</b> Pork Loin w/gravy Bread Dressing w/gravy Spinach w/ vinegar pk Kidney Bean Salad Pineapple Lorna Doones	<b>9 – Thursday</b> Veggie Frittata w/cheese Potatoes O'Brien Sausage Apricots Bread Smart Balance & Jelly	<b>10 - Friday</b> Meatloaf w/gravy Whipped Potatoes w/gravy Seasoned Wax Beans Mixed Fruit SF Chocolate Pudding Bread
<b>13 – Monday</b> Mexican Chicken & Rice w/cheese Corn Broccoli Mandarin Oranges Graham Crackers Salsa & Sour Cream	<b>14 – Tuesday</b> Sloppy Joe Potatoes O'Brien Wax beans Tossed Salad w/Ranch Bun Pears	<b>15 – Wednesday</b> Shepherd's Pie Lima Beans Tarragon Baby Carrots Canned Peaches Bread Smart Balance	<b>16 – Thursday</b> Tilapia <u>OR</u> Grilled Chicken Breast White Rice Garlic Green Beans Mixed Fruit SF Vanilla Pudding	<b>17 - Friday</b> Ham & Beans Corn Bread California Blend Tossed Salad w/ Ranch Diced Peaches Bread
<b>20 – Monday</b>  <u><b>NO LUNCH SERVED TODAY</b></u>  <b>MARTIN LUTHER KING, JR. BIRTHDAY</b>  	<b>21 – Tuesday</b> Chicken and Noodles Seasoned Corn Spinach w/ Vinegar pk Mandarines SF Chocolate Pudding	<b>22 - Wednesday</b> Meatloaf w/gravy Whipped Potatoes w/gravy Seasoned Wax Beans Baked Apples Lorna Doones Bread	<b>23 - Thursday</b> Shredded Pork w/homemade BBQ Baked Beans Broccoli Cole Slaw Applesauce Bun	<b>24 - Friday</b> Beef Pot Roast w/gravy Whipped Potatoes w/gravy California Blend Apricots Vanilla Wafers Bread
<b>27 - Monday</b> Beef and Egg Noodles w/gravy Prince Edward Blend Lima Beans Mixed Fruit Bread	<b>28 – Tuesday</b> Sloppy Joe Roasted Sweet Potatoes Seasoned Peas Bun Apricots SF Vanilla Pudding	<b>29 – Wednesday</b> Lemon Thyme Chicken Rice Pilaf Sliced Carrots Tossed Salad w/French Applesauce Bread	<b>30 – Thursday</b> Chicken Pot Pie Seasoned Broccoli Cauliflower Diced Peaches Graham Crackers - 2 packs	<b>31 – Friday</b> Honey Sriracha Pork Garlic Green Beans White Rice Diced Pears Angel Food Cake

\*\*AQF desserts are diabetic-friendly treats for every palate. Our mixes are sugar free or no sugar added, trans fat free, low cholesterol, low sodium and a good source of fiber. SF – sugar free

**\*\*The menu is subject to change\*\***

**All meals served with requested beverage.**

**You will only receive fish alternative if your diet requires “no fish”**