

Home Delivered Program

March 2025 – Menu

3 - Monday Beef and Egg Noodles w/gravy Prince Edward Blend Lima Beans Mixed Fruit Bread	4 – Tuesday Sloppy Joe Roasted Sweet Potatoes Seasoned Peas Bun Apricots SF Vanilla Pudding 	5 – Wednesday Lemon Thyme Chicken  Rice Pilaf Sliced Carrots Tossed Salad w/French Applesauce Bread	6 – Thursday Chicken Pot Pie Seasoned Broccoli Cauliflower Diced Peaches Graham Crackers 2 pks	7 – Friday Baked Tilapia OR Honey Sriracha Pork Garlic Green Beans White Rice Diced Pears Angel Food Cake LENT
10 - Monday Goulash Green Beans Lorna Doones Pears Breadstick	11 – Tuesday Beef Stew Seasoned Wax Beans Whipped potatoes w/gravy Apricots SF Vanilla Pudding Biscuit	12 - Wednesday Shredded Chicken w/ BBQ Peas Seasoned Carrots Cole Slaw SF Chocolate Pudding Bun	13 – Thursday Honey Dijon Pork Roasted Sweet Potatoes Italian Vegetable Blend Applesauce Bread Vanilla Wafers	14 – Friday Tuna Noodle Casserole OR Turkey Patty w/gravy over White Rice Seasoned Broccoli Seasoned Cauliflower Mixed Fruit Graham Crackers Bread LENT
17 – Monday Salisbury Steak w/ mushroom gravy Zucchini & Tomatoes Butternut Squash Applesauce Graham Crackers 	18 – Tuesday Swiss Chicken Casserole Seasoned Peas & Carrots Seasoned Red Beets Diced Pears Bread SF Vanilla Pudding	19 – Wednesday Pork Loin w/gravy Roasted Sweet Potatoes Spinach w/ vinegar pk Kidney Bean Salad Pineapple Lorna Doones	20 – Thursday Meatloaf w/ gravy Whipped Potatoes w/ gravy Seasoned Wax Beans Mixed Fruit Mandarin Oranges WW Bread	21 – Friday Veggie Frittata w/cheese Potatoes O'Brien Sausage Apricots Pineapple Bread LENT
24 – Monday Mexican Chicken and Rice Corn Broccoli Diced Pears Graham Crackers Salsa & Sour Cream	25 – Tuesday Sloppy Joe Potatoes O'Brien Wax beans Cole Slaw Bun Applesauce	26 – Wednesday Shepherd's Pie Lima Beans Black Eyed Peas Peaches Bread	27 – Thursday Ham & Beans Corn Bread Broccoli Tossed Salad w/ Reg Ranch Pineapple Bread	28 – Friday Baked Tilapia OR Grilled Chicken Breast over White Rice Butternut Squash Garlic Green Beans Mixed Fruit SF Chocolate Pudding LENT
31 - Monday Salisbury Steak w/mushroom gravy Whipped Potatoes w/gravy Beets Pears SF Vanilla Pudding Bread	1 – Tuesday	2 – Wednesday	3 – Thursday	4 – Friday

**AQF desserts are diabetic-friendly treats for every palate. Our mixes are sugar free or no sugar added, trans fat free, low cholesterol, low sodium and a good source of fiber. SF – sugar free

****The menu is subject to change****

All meals served with requested beverage.

You will only receive fish alternative if your diet requires “no fish”

Home Delivered Program

April 2025 – Menu

31 – Monday	1 – Tuesday Chicken and Noodles Seasoned Cauliflower Spinach w/ vinegar pk Mandarins SF Chocolate Pudding 	2 - Wednesday Meatloaf Whipped Potatoes w/gravy Butternut Squash Baked Apples Lorna Doones Bread	3 - Thursday Shredded Pork w/homemade BBQ Baked Beans Broccoli Cole Slaw Pineapple Bun	4 - Friday Tuna Noodle Casserole OR Beef Pot Roast w/gravy Whipped Potatoes w/gravy California Blend Apricots Vanilla Wafer Bread LENT
7 - Monday Beef & Noodles Capri Vegetables Lima Beans Mandarin Oranges Bread	8 – Tuesday Sloppy Joe Roasted Sweet Potatoes Seasoned Peas and Carrots Bun Apricots SF Red Jell-O	9 - Wednesday Lemon Thyme Chicken w/ Rice Pilaf Sliced Carrots Broccoli Tossed Salad w/Italian Applesauce Bread	10 - Thursday Chicken Pot Pie Seasoned Broccoli Cauliflower Diced Peaches Vanilla Pudding	11 - Friday Tilapia OR Honey Sriracha Pork Garlic Green Beans w/ White Rice Oriental Blend Vegetable Diced Pears Angel Food Cake LENT
14 – Monday Goulash Green Beans Mandarin Oranges Pears Breadstick	15 – Tuesday Beef Stew Seasoned Corn Whipped potatoes w/gravy Apricots SF Vanilla Pudding Biscuit	16 - Wednesday Shredded Chicken BBQ & Bun Peas Butternut Squash Cole Slaw Baked Apples SF Chocolate Pudding	17 - Thursday Honey Dijon Pork Roasted Sweet Potatoes Italian Vegetable Blend Applesauce Bread	18 – Friday Frozen Meal: Tuna Noodle Casserole OR Turkey Patty w/ gravy over white rice Seasoned Broccoli Seasoned Cauliflower LENT
21 - Monday	22 – Tuesday	23 - Wednesday	24 - Thursday	25 - Friday
28 - Monday	29 – Tuesday	30 – Wednesday	1 - Thursday	2 - Friday

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